

Contact Information

Rev 9/17

YOUTH

BASKETBALL IN WEST ORANGE



WO Mountain Top League (MTL)

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Email: basketball.mtl@gmail.com

Phone: (973) 736-1755

West Orange Public Schools

Web: schools.woboe.org

Email: Staff Specific

first initial last name@westorangeschools.org

Phone: WOHS - (973) 669-5301

Liberty Middle - (973) 243-2007

Roosevelt Middle - (973) 669-5373

West Orange Recreation Department

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STAY INFORMED WITH THE MONTHLY NEWSLETTER

*You can have the Rec monthly
newsletter delivered right to your home or
work computer.*

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Website at www.westorange.org. Click on
SUBSCRIBE and you're on your way.*

West Orange Rec Dept.

60 1/2 Cherry Street

West Orange, New Jersey 07052



OVERVIEW OF AVAILABLE PROGRAMS GRADES K - 12

Brochure Produced By
West Orange Recreation Dept.

Director: Bill Kehoe

**** WEST ORANGE REC DEPT. ****

Fall

High School Head Start Basketball

Grades 9 - 12 Boys & Girls Weeknights

Two hour workouts geared to prepare the competitive player for the upcoming winter scholastic season.

HS Girls Fall Basketball League

Grades 9 - 12 Girls Sundays

Run in cooperation with the WOHS Girls Basketball staff. Competitive league with teams from throughout North Jersey. WO teams are generally extensions of WOHS squads.

Mountaineer Fall Hoop Camp

Grades 2 - 8 Boys & Girls

Weekdays During Teacher Convention

All day camp stressing the fundamentals in a fun environment - suitable for all skill levels.

Winter

Pee Wee Basketball

Grades K - 3 Co-Ed Sundays Only

Intro to fundamentals of the game. Some limited games are included for older players.

Traveling All Stars

Grades 3 - 8 Boys & Girls Days Vary

All Star teams that represent WO in leagues and tournaments. Tryout required. (Mid Oct.).

Hot Shot Contest

5th Grade Boys & Girls Weekdays

Shooting contest that starts in the Elementary Schools and progresses to a town wide championship shoot out held during the In-House Championships in March.

Spring

AAU

Various Age Groups Boys & Girls Days/Times Vary

Tryouts required (late Feb.) Geared to the dedicated player looking to take their game to the next level. Limited to West Orange teams only.

Summer

Summer Basketball League

Boys: Grades 3 - 8 Girls: Grades 3 - 8

Monday - Thursday Various WO Gyms

Competitive league with teams from throughout North Jersey. WO teams are generally extensions of our winter traveling squads. Tryout required (Late May).

Summer Basketball Camps

Grades 2 - 8 Boys & Girls Weekdays

Camps include sessions run by the WOHS Boys Basketball Staff and sessions run by the WOHS Girls basketball Staff. Dates vary summer to summer.

**** WO MOUNTAIN TOP LEAGUE ****

Fall

MTL Pre-Season Workouts

Grades 4 - 8 Co-Ed Weeknights

Five (5) week training sessions geared to getting players prepared for the upcoming winter season. A valuable tool for both in-house and travel level players.

Winter

Elementary Basketball League (EBL)

Co-Sponsor: WO Rec Dept.

Grades 4 - 5 Boys & Girls No Saturdays

In-House league. Players are placed on teams representing their elementary schools.

MTL Basketball League

Grades 6 - 8 Boys & Girls No Saturdays

In House league. Teams are formed by a coach draft to achieve grade and talent balance.

Spring

MTL Off Season Workouts

Grades 4 - 8 Co-Ed Weeknights

Five (5) week training sessions geared to getting players prepared for the upcoming summer season and/or to improve a players general skill level.. A valuable tool for both in-house and travel level players.

MTL Boys Spring League

Grades 9 - 12 Weeknights

In House league. Teams are formed by a coach draft to achieve grade and talent balance.

****WO PUBLIC SCHOOLS ****

Winter

West Orange High School

Grades 9 - 12 Boys & Girls Tryout Required

Varsity, JV & Frosh Teams - Tryout Required

Liberty & Roosevelt Middle Schools

Grades 7-8 Boys & Girls

Varsity Only (7th & 8th Combined)

MS Schools Are Generally Weekdays Only

SUMMER

Varsity Summer Basketball Teams

HS Players Boys & Girls June - July

Under the direction of the WO High School basketball coaches, teams are chosen and then entered into various local leagues.

**** ADDITIONAL PROGRAMS ****

Hoop Shoot Contest

West Orange Elks 1590

Boys & Girls Grades 4 - 8 Late November
Free throw contest with West Orange winners advancing to the districts and district winners advancing to state wide finals.